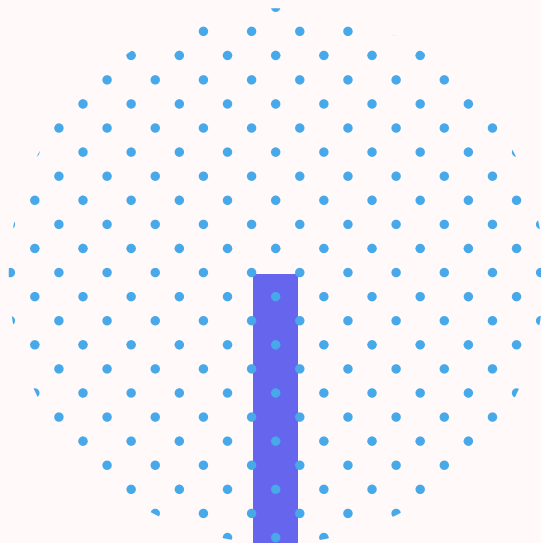




# RESOURCES FOR TRANS AND NON BINARY SURVIVORS

TITLE IX



# WHERE CAN YOU GET SUPPORT ON CAMPUS?

## **CARE (Campus Advocacy Resources and Education)**

([link here](#))

- UCSC CARE is committed to responding to the needs of the community impacted by sexual violence, dating/domestic violence and stalking by providing prevention and intervention services, confidential advocacy, and support
- Not a trans-specific resource, but a valuable resource because of their campus-based familiarity/understanding of resources and options
- To make an appointment, call +1 (831) 502-2273, email [care@ucsc.edu](mailto:care@ucsc.edu), or fill out an [appointment request form](#)

## **CAPS (Counseling and Psychological Services) has LGBTQ+ specific counseling** ([link here](#))

- LGBTQIA+ identified counselors are knowledgeable about intersecting trans and non-binary identities, polyamory, the coming-out process, experiences of homophobia and transphobia, and much more
- Counselors and their areas of expertise are listed on the webpage linked above. To make an appointment with one of these counselors, call +1 (831) 459-2628
- There is no out-of-pocket fee for CAPS services, and you don't need UC SHIP or CruzCare to be seen at CAPS

# TRANS & NON BINARY - SPECIFIC ONLINE RESOURCES/HOTLINES/CHAT OPTIONS

## **FORGE Forward** ([link here](#))

- Serves transgender and gender nonconforming survivors of domestic and sexual violence
- Can look up resources based on a topic, content type, audience, and level (very tailored to an individual's needs)
- Downloadable PDFs for all different topics for trans survivors ([link here](#))
- Let's Talk About It: A Transgender Survivor's Guide to Accessing Therapy ([link here](#))

## **The Network La Red** ([link here](#))

- Serves LGBTQIA+, poly, and kink/BDSM survivors of abuse
- To reach their 24-hou bilingual hotline, call +1 (617) 742-4911, or toll-free line, call +1 (800) 832-1901

## **Northwest Network** ([link here](#))

- Serves LGBTQIA+ survivors of abuse
- Can provide local referrals
- To reach the Northwest Network hotline, call +1 (206) 568-7777

# TRANS & NON BINARY - SPECIFIC ONLINE RESOURCES/HOTLINES/CHAT OPTIONS CONT.

## **LGBT National Help Center** ([link here](#))

- Serves the LGBTQIA+ community, not sexual violence specific
- Links to hotlines, chat rooms/virtual support, an LGBTQIA+ resource finder

## **The Anti-Violence Project** ([link here](#))

- Serves LGBTQIA+ survivors of violence (specific for all forms of violence, including hate violence, intimate partner violence, sexual violence, and hook-up violence)
- Provides support with counseling, safety planning, and finding resources
- To reach their 24-hour bilingual hotline, call +1 (212) 714-1141

## **Trans Lifeline** ([link here](#))

- Trans Lifeline provides trans peer support for and by trans people. Their mission is to divest from police and provide radical community care
- This hotline is designed to connect a caller to a trans or non-binary peer. You can call even if you are not in crisis and just need someone to talk to
- You can reach their 24-hour bilingual hotline at +1 (877) 565-8860

# TRANS & NON BINARY - SPECIFIC ONLINE RESOURCES/HOTLINES/CHAT OPTIONS CONT.

## **The Trevor Project** ([link here](#))

- The Trevor Project provides 24/7 crisis intervention and suicide prevention phone service, chat, and text lines. This resource is not sexual violence related, but can be a good place to reach out when things are tough
- You can reach the Trevor Hotline at +1 (866) 488-7386
- You can text the Trevor Text Line at 678-678

# ADDITIONAL RESOURCES & SUPPORT OPTIONS FOR LGBTQIA+ FOLX

## **Santa Cruz Diversity Center** ([link here](#))

- Local Santa Cruz transgender support group meeting remotely during COVID-19 social distancing
- Not specific to sexual violence/sexual harassment

## **Monarch Services** ([link here](#))

- For survivors of sexual violence
- Not trans/non-binary specific
- To reach their 24-hour bilingual hotline, call +1 (888) 900-4232